

Summary of Recommendations – Single Speaker

Scenario	Postage Stamp	Single-Seated/Podium	Standing/Moving
Video size	<ul style="list-style-type: none">• Tiny	<ul style="list-style-type: none">• Full video window	<ul style="list-style-type: none">• Full video window
Pick one shot and stay there	<ul style="list-style-type: none">• Medium Closeup• (armpits to top of head)	<ul style="list-style-type: none">• Medium Shot	<ul style="list-style-type: none">• Medium shot
Change shots (or multiple cameras)	<ul style="list-style-type: none">• Same (don't change)	<ul style="list-style-type: none">• Medium Shot• Weekend Update MS	<ul style="list-style-type: none">• Medium shot• Weekend Update MS• Long shot
Look room	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• If not looking at the camera	<ul style="list-style-type: none">• If not looking at the camera
Lead room	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• Always

Summary of Recommendations – Two Speakers

Scenario	Postage Stamp	Formal Business Interview Close In	Informal Interview
Video size	<ul style="list-style-type: none">• Tiny	<ul style="list-style-type: none">• Full video window	<ul style="list-style-type: none">• Full video window
Pick one shot and stay there	<ul style="list-style-type: none">• NA – shouldn't use for two speakers	<ul style="list-style-type: none">• Medium Shot	<ul style="list-style-type: none">• Medium shot – if possible
Change shots (or multiple cameras)	<ul style="list-style-type: none">• NA – shouldn't use for two speakers	<ul style="list-style-type: none">• Medium Shot• Weekend Update MS	<ul style="list-style-type: none">• Medium shot• Weekend Update MS• Long shot
Look room	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• If not looking at the camera	<ul style="list-style-type: none">• If not looking at the camera
Lead room	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• NA	<ul style="list-style-type: none">• Always